

Art IS
CREATING
with
INTENTION

It is not bound by
medium, permanence, or
even understanding

**GET INSPIRED
AND CREATE!**

Resources:

Research:

www.eatingforliberation.com

Techniques:

www.youtube.com

Library

Art Classes offered at Art Department

Supplies:

Art Department 254 Commercial ST NE • Salem

Inspiration:

Hallie Ford Museum of Art, 700 State Street, Salem Oregon

Galleries

Walk in nature

Read a new book

Some mediums to explore:

Photography

Ceramics

Poetry

Essays

Spoken Word

Video

Drawing

Painting

Music

Dance

Performance Art

Stickers

Digital Art

Graphic Art

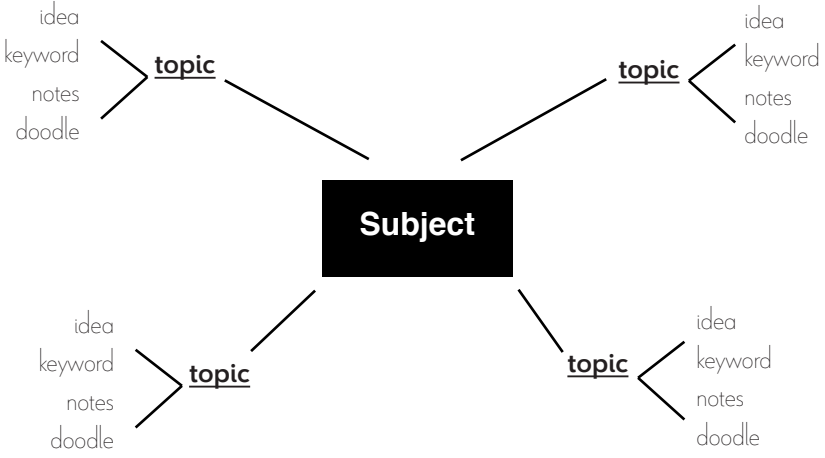
Typography

Fiber

Mixed Media

List some mediums that interest you:

Mind Map Exercise



Continuous Line Exercise

Notes

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If you have an questions please contact me at autumn@autumnsteam.com



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